Seawind Landing Country Inn Eastern Shore, Nova Scotia



Beaufort the inn dog reflects on the Acadian history of the area

IMAGINE a day where you are moved by the history of the local Acadian people; your heart is warmed by stories of lighthouse keepers of old; you walk in the footsteps of 16th century settlers. Here at the far end of the Eastern Shore, that day can be yours.

8 a.m.— Up early for a day of exploring, you trek over to Seawind Landing's dining room to discover what breakfast delights await you. With the long history of fishing in the area, perhaps a savoury lobster omelette!

10 a.m.— Time to learn about the French and English settlements of the 16th to 18th centuries at the Canso Islands National Historic Site of Canada (about a 40 minute drive). Keep your fingers crossed for good weather so you can enjoy a boat ride to the historic Grassy Island Fort (open July to early September).

11:30 a.m.— Head back up Hwy. 16 to the Out of the Fog Museum in Half Island Cove. Don't let the size of this little museum fool you for inside lies a lot of heart. The Keepers of the Light Society maintain the museum. Its members are former lightkeepers and their families, fishermen and others with close ties to this once essential occupation. In addition to their great collection of artefacts, expect to hear a few great stories. (Thursday to Monday, mid June to September)

1 p.m.— Continue up Hwy. 16 to Guysborough village and enjoy a home cooked lunch at Days Gone By Bakery on Main Street. Be sure to stop at the Old Courthouse Museum on Church Street for another interesting peek into the area's past. Using your copy of the Guysborough Historic Walking Tour from the Inn, enjoy walking through the past as you enjoy this picturesque spot.

3:30 p.m.— Head back toward the inn and a stop at Le Parc de Nos Ancêtres in Larry's River. Experience the moving and unique depiction of the local Acadian history. The challenges of the past and the resilience of the local Acadian people to survive and prosper is captured on stone along with bilingual interpretative panels. Beautifully done.

4 p.m.— Time to head back to the Inn and an evening of good food and relaxation. Perhaps tomorrow, you will be able to squeeze in a visit to historic Sherbrooke village. For now, just sit back and listen to the sounds of the ocean that haven't changed for centuries.





