

Seawind Landing Country Inn Eastern Shore, Nova Scotia

for the Nature Lover



Cranberries growing by the boardwalk in Tor Bay

IMAGINE a day where you can wander for hours and not see another soul; fresh berries are yours for the picking; and Mother Nature's handiwork sculpts the land around you. Here at the far end of the Eastern Shore, that day can be yours.

9 a.m. – After an early morning of bird watching on the secluded beaches of Seawind Landing, hike over to the dining room for a hearty breakfast to set you up for the day. Perhaps a Bircher muesli to start followed by a light but tasty Scrambled Eggs with Smoked Salmon. Be sure to pick up your picnic lunch for the road – a perfect spot to enjoy will definitely appear!

Your activities today will be guided by the timing of the Tides. For a five hour window around low tide, Forster Island at the far side of Charlos Cove is connected by a slim strip of land. Hiking around the island clockwise will bring you face to face with a seal or two basking on the rocks. On your way, be sure to keep an eye out for the abundant wildflower, bird and berry populations (not to mention the caring locals who'll be sure to know if you don't make it back in time!)

Two more beautiful spots await you today.

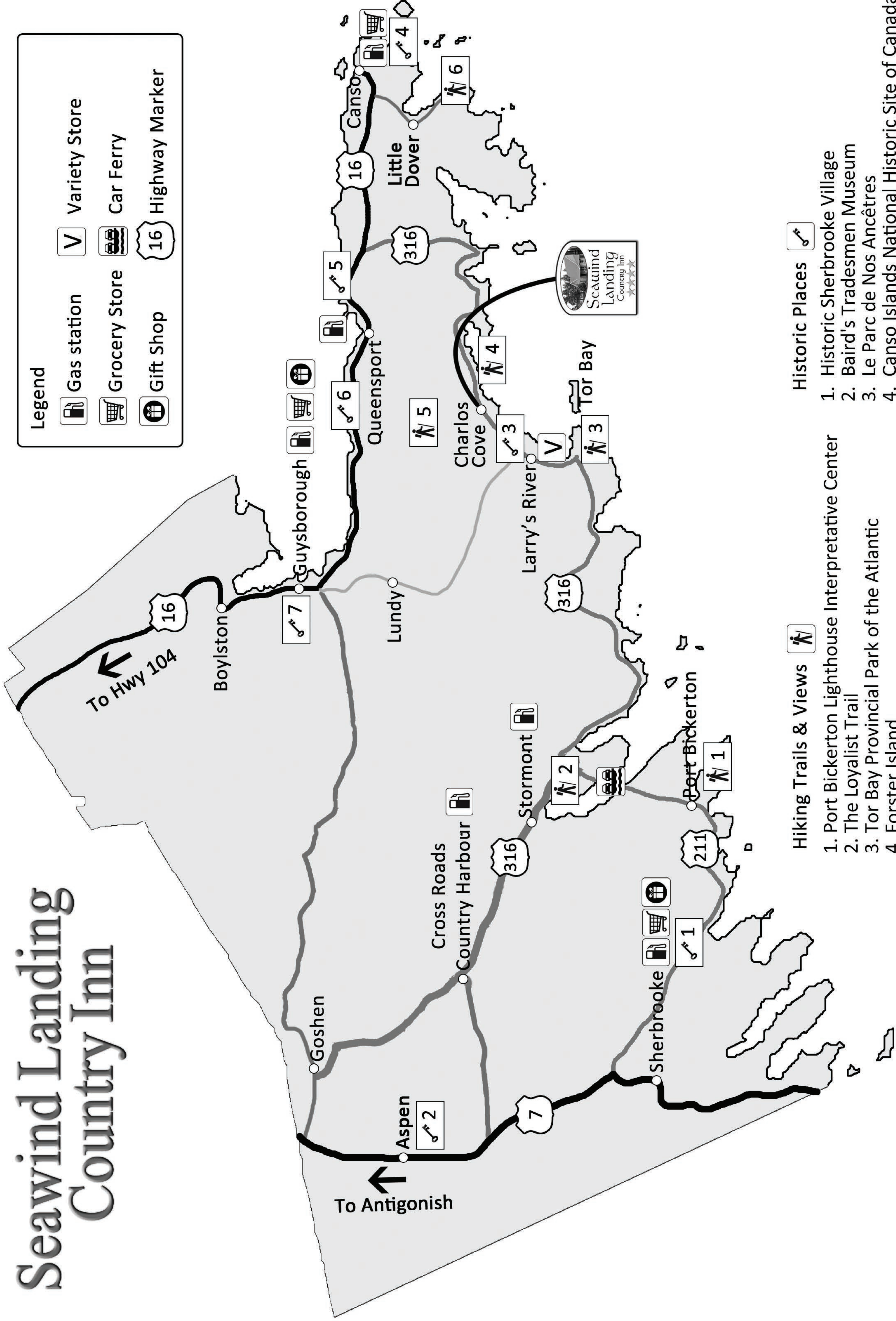
Just about 10 minutes east of Seawind Landing, you will find the Queensport Road Hiking Trail. This old road leads to the remains of a WWII Air Force radar base, huge glacial erratics (rocks left from the ice age) and, on a clear day, a spectacular view! Keep the wind sock in your sights so you don't get too far off track as you explore the Barrens.

Only 10 minutes west of the Inn is Tor Bay Provincial Park of the Atlantic. Walking left from the parking lot, you'll find a huge expanse of sea, sand and dunes followed by headlands, begging to be explored. In the late fall, wild cranberries abound – tart and crisp. It's rare that you will see anyone else on your hike so enjoy this spectacular spot - make it your own!

6 p.m. – With the roar of the surf at Tor Bay echoing in your ears, time to head back to the Inn for a relaxing evening of great food, an evening of star gazing and a good night's sleep.



Seawind Landing Country Inn



Hiking Trails & Views

1. Port Bickerton Lighthouse Interpretative Center
2. The Loyalist Trail
3. Tor Bay Provincial Park of the Atlantic
4. Forster Island
5. Queensport Road
6. Black Duck Cove Park

Historic Places

1. Historic Sherbrooke Village
2. Baird's Tradesmen Museum
3. Le Parc de Nos Ancêtres
4. Canso Islands National Historic Site of Canada
5. Out of the Fog Museum
6. Prince Henry Sinclair Monument
7. Old Courthouse Museum and Guysborough walking tour

